



March 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
<p>When to Seek Emergency Treatment</p>	<p>This training provides an overview of situations that require emergency medical treatment. A discussion on the role and importance of staff's ability to recognize and respond to emergencies as well as communicating properly with emergency responders.</p>	<p>3/2/26</p>	<p>1:00 p.m.- 2:00 p.m. (ET)</p>	<p>via Zoom</p>
<p>Down Syndrome</p>	<p>This training provides an overview of Down Syndrome and ways to support individuals with Down Syndrome. This training features causes, risk factors, complications, and management strategies.</p>	<p>3/12/26</p>	<p>10:00 a.m.- 11:00 a.m. (ET)</p>	<p>via Zoom</p>
<p>Grief and Bereavement</p>	<p>This training provides an overview of bereavement and the grief process. This training features the stages of accepting death, how to break the bad news and ideas that can be used to assist adults with developmental disabilities experiencing the grief process.</p>	<p>3/17/26</p>	<p>2:00 p.m.- 3:00 p.m. (ET)</p>	<p>via Zoom</p>
<p>Bipolar Disorder</p>	<p>This training provides information on the types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with Intellectual Disability/Autism.</p>	<p>3/30/26</p>	<p>10:00 a.m.- 11:00 a.m. (ET)</p>	<p>via Zoom</p>

To register please email Colleen Rafferty-- cmr@theadvocacyalliance.org



April 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis)	This training provides an overview of the conditions included in the fatal five, their causes, risk factors, complications, and treatments as well as preventative strategies.	4/6/26	1:00 p.m.- 3:00 p.m. (ET)	via Zoom
Guidelines for Emergency Room or Hospital Discharges	This training provides an overview of hospital discharge planning and transitioning smoothly from hospital to community living arrangement.	4/9/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
Asthma	This training provides an overview of Asthma, including the physiology of the lungs, types of Asthma, signs, symptoms and treatment of Asthma, and a preventative plan for managing Asthma.	4/21/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Trauma Informed Care	This training provides an overview of trauma informed care, including the definition, signs and symptoms of trauma, and strategies to create a trauma informed system of care.	4/27/26	10:00 a.m.- 11:30 a.m. (ET)	via Zoom

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May 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Cultural Diversity	This training provides an overview of culture, cultural diversity, and cultural competence. This training features the value of cultural competency and biases that may be a barrier to increase cultural competence.	5/4/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
Medication Errors	This training provides a compliment to ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors.	5/14/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
The Healthy Bowel	This training provides an overview of the gastrointestinal system including anatomy, how the system works, factors that influence bowel health, and tips for improved bowel function.	5/19/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Impulse Control Disorders (ICD)	This training provides an overview of ICD including the different categories, possible causes, signs/symptoms, and treatment strategies.	5/26/26	10:00 a.m.- 11:30 a.m. (ET)	via Zoom

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June 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Understanding Common Lab Tests	This training provides an overview of common lab tests, why they may be ordered, what abnormal results could indicate, and tips for a successful visit.	6/1/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
Medication Errors: De-briefing	This training provides an overview of medication errors with a focus on the importance of de-briefing with staff after an error, including information on how to implement a de-briefing protocol.	6/11/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	6/16/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Dissociative Identity Disorder (DID)	This training provides an overview of DID including associated behaviors as well as treatment and management strategies	6/29/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom

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