



May 2010

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Anatomy of a Behavior Support Plan	The training will provide the essential components of a Behavior Support Plan (BSP) with a sequential format. The principles used to develop a BSP will emphasize the function of challenging behaviors based upon Functional Behavioral Analysis and Positive Approaches determined to best support the individual.	05/04/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Communication	The training will provide an overview of the differences between expressive and receptive communication. Participants will understand behavior as a method of communication and the function of behavior and technology available to enhance effective communication.	05/06/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Dual Diagnosis	The training is an overview of Intellectual/ Developmental Disability coupled with Mental Illness. Challenges of diagnosing, treating and the interventions to utilize in a multidisciplinary approach will be identified	05/10/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Impact of Trauma	The training will provide an overview of trauma. It will include: the vulnerability of individuals with IDD; the effects on the physical person; the impact on relationships; prevention interventions; and boundary development.	05/13/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Anger Management	The training will provide an overview of the anger/assault cycle with common causes and physiological changes related to this cycle. Strategies to manage inappropriate explosive responses will be addressed.	05/14/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Advocacy	The training will explore different forms of advocacy affecting the lives of persons with intellectual and developmental disabilities, both historically and presently. Information about advocacy group resources will be included.	05/20/10 05/27/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA St. Matthew's Evangelical Church York, PA
Understanding the Dental Concerns of People with Intellectual and Developmental Disabilities	The training will provide an overview of dental health and the most common dental/oral problems and health risks encountered by people with IDD. Prevention and treatment strategies will be discussed.	05/20/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA



June 2010

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Pancreatitis	Many commonly prescribed medications pose a threat in the development of pancreatitis. The training will provide an overview of pancreatitis and the incidence of occurrence, risk factors, signs and symptoms, treatment and prevention strategies.	06/01/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Anger Management	The training will provide an overview of the anger/assault cycle with common causes and physiological changes related to this cycle. Strategies to manage inappropriate explosive responses will be addressed.	06/03/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Positive Approaches to Challenging Behaviors	The training will provide an overview of a multi-step approach to working with challenging situations. This training applies the principles of positive approaches with a core concept that all behavior has meaning.	06/07/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Pain/Discomfort Expression and Management	The training will provide an overview of pain, discomfort, and distress. The training includes common causes, methods of identification when a person has a communication deficit, and assessment/treatment strategies.	06/10/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Professionalism	The training focuses on the key elements of professionalism and how it is displayed when advocating for individuals with intellectual and developmental disabilities. The core values of accountability, altruism, compassion, excellence, integrity, duty and responsibility will be targeted as a means to cultivate professionalism.	06/11/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Impact of Trauma	The training will provide an overview of trauma. It will include: the vulnerability of individuals with IDD; the effects on the physical person; the impact on relationships; prevention interventions; and boundary development.	06/17/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA
Principles of Body Mechanics During Ambulation and Transfer Assistance	This interactive training will provide an overview of fundamental principles of safe body mechanics. Risk factors that contribute to injuries will be identified, assessment rules for safe assistive ambulation and transfers, and the use of assistive devices. Participants should come prepared to demonstrate mechanics.	06/24/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA



July 2010

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Debriefing After a Critical Incident	The training provides an overview of the debriefing process used when intervening in a critical event. Participants will gain insight into utilizing this process as a tool to seek the root cause of a critical event and identify areas of positive change for improved outcomes.	07/01/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Caring For Individuals Who Are Non-Ambulatory	The training will provide assessment strategies and goals to consider when providing support to individuals who are non-ambulatory and have an intellectual and developmental disability.	07/06/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Understanding the Dental Concerns of People with Intellectual and Developmental Disabilities	The training will provide an overview of dental health and the most common dental/oral problems and health risks encountered by people with IDD. Prevention and treatment strategies will be discussed.	07/08/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Advocacy	The training will explore different forms of advocacy affecting the lives of persons with intellectual and developmental disabilities, both historically and presently. Information about advocacy group resources will be included.	07/09/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Impact of Trauma	The training will provide an overview of trauma. It will include: the vulnerability of individuals with IDD; the effects on the physical person; the impact on relationships; prevention interventions; and boundary development.	07/12/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Principles of Body Mechanics During Ambulation and Transfer Assistance	This interactive training will provide an overview of fundamental principles of safe body mechanics. Risk factors that contribute to injuries will be identified and assessment rules for safe assistive ambulation and transfers will be reviewed, along with the use of assistive devices. Participants should come prepared to demonstrate mechanics.	07/15/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA
Fatigue	The training will provide an overview of fatigue and a variety of medical conditions that initially present as fatigue. Chronic Fatigue Syndrome will be included.	07/22/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA



August 2010

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Debriefing After a Critical Incident	The training provides an overview of the debriefing process used when intervening in a critical event. Participants will gain insight into utilizing this process as a tool to seek the root cause of a critical event and identify areas of positive change for improved outcomes.	08/03/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Fatigue	The training will provide an overview of fatigue and a variety of medical conditions that initially present as fatigue. Chronic Fatigue Syndrome will be included.	08/05/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Caring For Individuals Who Are Non-Ambulatory	The training will provide assessment strategies and goals to consider when providing support to individuals who are non-ambulatory and have an intellectual and developmental disability.	08/09/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Impulse Control Disorder	The training addresses various types of impulse control disorders (ICD), the commonalities, and intervention strategies to support the individual with ICD.	08/12/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Understanding the Dental Concerns of People with Intellectual and Developmental Disabilities	The training will provide an overview of dental health and the most common dental/oral problems and health risks encountered by people with IDD. Prevention and treatment strategies will be discussed.	08/13/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Anatomy of a Behavior Support Plan	The training will provide the essential components of a Behavior Support Plan (BSP) with a sequential format. The principles used to develop a BSP will emphasize the function of challenging behaviors based upon Functional Behavioral Analysis and Positive Approaches determined to best support the individual.	08/19/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA