



**January 2024**

**South Central PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
<b>Aging and Intellectual/Developmental Disabilities (IDD)</b>	This training provides an overview of healthy aging for individuals with IDD, including potential barriers to healthy aging and strategies to support individuals as they age.	1/8/24	11:00 a.m.- 12:00 p.m.	via Zoom
<b>Caregiver Burnout</b>	This training provides an overview of caregiver burnout including risk factors, signs/symptoms, treatment, and prevention strategies.	1/16/24	1:00 p.m.- 2:00 p.m.	via Zoom
<b>Fall Prevention and Osteoporosis</b>	This training provides an overview on fall prevention specific to individuals with developmental disabilities and conditions, such as osteoporosis, that contribute to their increased risk of falls. This training provides information on risk factors and assessments, causes of falls and effective ways to prevent falls.	1/25/24	3:00 p.m.- 4:00 p.m.	via Zoom
<b>Depression</b>	This training provides an overview of depression, including causes, diagnosis, and therapeutic interventions as well as ways in which depression may present and be treated in the dually diagnosed population.	1/31/24	10:00 a.m.- 11:00 a.m.	via Zoom

**To register please email Katie Freeman-- [kf1@theadvocacyalliance.org](mailto:kf1@theadvocacyalliance.org)**



**February 2024**

**South Central PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Routine Health Screening for Individuals with Developmental Disabilities	This training provides an overview of routine health screenings for individuals with developmental disabilities, including types of screenings, criteria for screenings, why screenings are performed, and accommodation and support strategies to help individuals complete these screenings.	2/8/24	1:00 p.m.- 2:00 p.m.	via Zoom
Pain Management	This training provides an overview of pain management including how to recognize pain in individuals with limited communication skills.	2/14/24	11:00 a.m.- 12:00 p.m.	via Zoom
The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis)	This training provides an overview of the conditions included in the fatal five, their causes, risk factors, complications, and treatments as well as preventative strategies.	2/23/24	10:00 a.m.- 12:00 p.m.	via Zoom
Obsessive Compulsive (OCD) and Related Disorders	This training provides an overview of OCD and related disorders, including signs and symptoms, causes, risk factors, complications, treatment, and ways to support individuals with these disorders.	2/27/24	2:00 p.m.- 3:00 p.m.	via Zoom

**To register please email Katie Freeman-- [kf1@theadvocacyalliance.org](mailto:kf1@theadvocacyalliance.org)**



March 2024

**South Central PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Understanding Common Lab Tests	This training provides an overview of common lab tests, why they may be ordered, what abnormal results could indicate, and tips for a successful visit.	3/7/24	3:00 p.m.- 4:00 p.m.	via Zoom
Fetal Alcohol Spectrum Disorder (FASD)	This training provides an overview of FASD, including identification and diagnosis, strengths and difficulties that may be seen, as well as treatments and strategies for working with individuals with FASD.	3/12/24	11:00 a.m.- 12:00 p.m.	via Zoom
Autism and Sensory Integration	This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy.	3/18/24	1:00 p.m.- 2:00 p.m.	via Zoom
Dissociative Identity Disorder (DID)	This training provides an overview of DID including associated behaviors as well as treatment and management strategies.	3/27/24	10:00 a.m.- 11:00 a.m.	via Zoom

**To register please email Katie Freeman-- [kf1@theadvocacyalliance.org](mailto:kf1@theadvocacyalliance.org)**