



March 2010

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Anger Management	The training will provide an overview of the anger/assault cycle with common causes and physiological changes related to this cycle. Strategies to manage inappropriate explosive responses will be addressed.	03/02/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Dual Diagnosis	The training is an overview of Intellectual/Developmental Disability coupled with Mental Illness. Challenges of diagnosing, treating and the interventions to utilize in a multidisciplinary approach will be identified.	03/04/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Principles of Body Mechanics During Ambulation and Transfer Assistance	This interactive training will provide an overview of fundamental principles of safe body mechanics. Risk factors that contribute to injuries will be identified and assessment rules for safe assistive ambulation and transfers will be reviewed, along with the use of assistive devices. Participants should come prepared to demonstrate mechanics.	03/08/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Professionalism	The training focuses on the key elements of professionalism and how it is displayed when advocating for individuals with intellectual and developmental disabilities. The core values of accountability, altruism, compassion, excellence, integrity, duty and responsibility will be targeted as a means to cultivate professionalism.	03/11/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Positive Approaches to Challenging Behaviors	The training will provide an overview of a multi-step approach to working with situations involving challenging behaviors. This approach applies the principles of positive approaches with a core concept that all behavior has meaning.	03/12/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Emergency Preparedness	The training will provide an overview of how to prepare for a natural disaster or large-scale emergency. The information will direct you how to prepare before, protect during, and respond after an emergency. Each participant will receive a preparation guide.	03/18/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA
Pancreatitis	The training will provide an overview of pancreatitis and the incidence of occurrence, risk factors, signs and symptoms, treatment and prevention strategies.	03/25/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA



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Emergency Preparedness	The training will provide an overview of how to prepare for a natural disaster or large-scale emergency. The information will direct you how to prepare before, protect during, and respond after an emergency. Each participant will receive a preparation guide.	04/01/10	10:00 a.m. - 12:00 noon	Lancaster County Public Safety & Training Center Lancaster, PA
Advocacy	The training will explore different forms of advocacy affecting the lives of persons with intellectual and developmental disabilities, both historically and presently. Information about advocacy group resources will be included.	04/06/10	10:00 a.m. - 12:00 noon	Silver Spring Presbyterian Church Mechanicsburg, PA
Caring For Individuals Who Are Non-Ambulatory	The training will provide assessment strategies and goals to consider when providing support to individuals who are non-ambulatory and have an intellectual and developmental disability.	04/08/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA
Dual Diagnosis	The training is an overview of Intellectual/Developmental Disability coupled with Mental Illness. Challenges of diagnosing, treating and the interventions to utilize in a multidisciplinary approach will be identified	04/09/10	10:00 a.m. - 12:00 noon	Franklin County Annex Building Chambersburg, PA
Understanding the Dental Concerns of People with Intellectual and Developmental Disabilities	The training will provide an overview of dental health and the most common dental/oral problems and health risks encountered by people with IDD. Prevention and treatment strategies will be discussed.	04/12/10	10:00 a.m. - 12:00 noon	Dauphin Arc Harrisburg, PA
Debriefing After a Critical Incident	The training provides an overview of the debriefing process used when intervening in a critical event. Participants will gain insight into utilizing this process as a tool to seek the root cause of a critical event and identify areas of positive change for improved outcomes.	04/15/10	10:00 a.m. - 12:00 noon	St. Mark's UCC Church Lebanon, PA
Anger Management	The training will provide an overview of the anger/assault cycle with common causes and physiological changes related to this cycle. Strategies to manage inappropriate explosive responses will be addressed.	04/22/10	10:00 a.m. - 12:00 noon	St. Matthew's Evangelical Church York, PA